999 DIGITAL SAFETY EMERGENCY ADVICE

Found something harmful on your child's phone like sexual images and messages, graphic violence or threats? Unwanted Contact? Cyberbullying?

GUERNSEY POLICE

1 EVIDENCE

Take **screenshots** on the child's device or using a separate device.

Film a scroll through of long messages on a separate device.

Write down **user names** of those who shared the harmful content.

2 STAY CALM DON'T RETALIATE BLOCK

Reassure your child that you will help and support them.

Do not message, talk to or share content with the perpetrator.

Block and report the content to the platform.

3 TALK TO YOUR CHILD

Find out if your child has **shared any sexual images** of themselves.

Gather information about how long, who is involved, what has been shared.

Avoid **shaming** or **blaming** your child.

4 CALL THE POLICE IF YOUR CHILD RECEIVES ANY...

Sexual images or messages.

Threats of harm, violence, self harm or suicide.

Long ongoing **cyberbullying.**

Graphic **violent** content.

Unwanted adult contact.

5 SHARE INFORMATION

Tell your child's school what has happened.

Let them know if **other children** from the school are involved.